

LINEAR WALKING EXERCISE

HALF NOTES

E-7 F7 BbΔ7 Db7 GbΔ7 A7 DΔ7

R R 6 5 3 9 7 R

D-7 Eb7 AbΔ7 B7 EΔ7 G7 CΔ7

9 9 7 b7 5 11 9 3

C-7 Db7 GbΔ7 A7 DΔ7 F7 BbΔ7

11 11 7 5 R 5 R 7

E-7 F7 BbΔ7 A7

b3 9 b7 13 9 R R b7

QUARTER NOTES

E-7 F7 BbΔ7 Db7 GbΔ7 A7 DΔ7

R #9 9 11 R 9 R 9 7 R b7 R 13 7 R 9

D-7 Eb7 AbΔ7 B7 EΔ7 G7 CΔ7

b3 11 9 R #11 3 R b7 3 9 b7 13 9 R 7 13

C-7 Db7 GbΔ7 A7 DΔ7 F7 BbΔ7

5 11 11 5 3 #11 3 11 9 3 9 3 R 9 3 #11

E-7 F7 BbΔ7 A7

9 b3 9 R 13 5 11 3 13 5 #11 3 3 9 R b7