

# Talking Technique 47

Sting Inspired Groove, Theory and Technique Workout

## Rhythmic Idea

Musical notation for the Rhythmic Idea section, showing a bass line with a 4/4 time signature and a TAB line below it.

## Pentatonic Ascending and Descending (this is just the raw material. Create your own lines using this tonal/rhythmic material!)

Ascending Pentatonic Scale Examples:

- B $\flat$** : 1 2 3 5 6 8. "Hexagon Shape"
- Gm7**: 1 b3 4 5 b7 8. "Upside Down Boot"
- Cm7**: 1 b3 4 5 b7 8. "Big Box/Little Box"
- F7**: 1 2 3 5 6 8. Open Area

Musical notation for the Pentatonic Ascending section, showing bass lines and TAB for four different chords: B $\flat$ , Gm7, Cm7, and F7.

Descending Pentatonic Scale Examples:

- B $\flat$** : 8 6 5 3 2 1. "Hexagon Shape"
- Gm7**: 8 b7 5 4 b3 1. "Upside Down Boot"
- Cm7**: 8 b7 5 4 b3 1. "Big Box/Little Box"
- F7**: 8 b7 5 3 2 1. Open Area

Musical notation for the Pentatonic Descending section, showing bass lines and TAB for four different chords: B $\flat$ , Gm7, Cm7, and F7.

## Let Your Soul be Your Pilot-inspired

Let Your Soul be Your Pilot-inspired Examples:

- B $\flat$** : 1 5 9 8 6 5
- Gm7**: 1 5 9 8 b7 5
- Cm7**: 1 5 9 8 b7 5
- F7**: 1 5 9 8 6 5

Musical notation for the Let Your Soul be Your Pilot-inspired section, showing bass lines and TAB for four different chords: B $\flat$ , Gm7, Cm7, and F7.